

Evansville Community School District

Insurance Committee Meeting Minutes

Monday, February 22, 2021

4pm

Present: Nikki Ritter, Associated, Kathy McCoy, Dee Jay Redders, Melissa Hammann, Rin Kundert, Christina Ross, Annie Hovorka, Barb Dorn (4:22) and Jamie Merath.

1. Meeting called to order at 4:02 pm
2. Appoint note-taker: Jamie Merath
3. Approved January 25, 2021 minutes – Motion made by Redders and 2nd by Hammann
4. Kathy Chambers from Dean Health talked about doing our personal wellness screening virtual. This screening visit will help staff to understand what preventative care measures are, also help connect staff with medical resources that the health coach finds applicable to the employee. The health coach will also help explain web MD and how they can earn wellness gift cards. Redders asked if the coaches do follow ups with staff? Kathy responded that coaches will do 1-2 follow ups and sometimes up to 5 follow ups with an individual. If the health coach determines at that time there is a need for more follow ups they will help the staff member connect with our EAP Services or find a provider for their needs. Redders also asked if the screeners are consistent from year to year? Kathy stated that employees can request certain screeners to work with to try and keep consistency from year to year. Committee also looked at the Dean Healthy Living website. Dean members can receive a 1 year membership for the nutrition wellness app on the Dean Healthy Living website for free. Committee recommended that this information be promoted during well-being screenings with employees. Committee would like to schedule these virtual wellness screenings in April on the PL day for Levi and TRIS. If we can schedule another day in April that day would be for the high school and McKenna employees, otherwise look at the PL day in May.
5. Steeping Wellness Feedback – Staff are hearing that they have a hard time committing to watching a 17 minute video. Committee members will continues to remind staff of this additional support.
6. Highlighted that we will be working with Nikki to create an app for all of our health insurance benefits along with creating flimp and brain shark video's with our benefit information
7. Committee would like to share the "Where should I go" form to share with all employees. Print out for mailboxes and included in the staff newsletter. Redders suggested that we create a space for employees to put their primary providers name and phone number on this form
8. Next meeting will be held on March 22nd. Committee should be able to review health insurance premiums
9. Motion was made by Melissa Hammann to adjourn meeting and Barb Dorn 2nd this motion. Meeting adjourned at 4:57pm

Approved: _4/5/2021_____